

Jermaine Andre'

ART of STREETSMARTS Vol. 1

HIGHER LEARNING OF PERSONAL PROTECTION



Life saving education that NO SCHOOL can facilitate.

ART OF STREET SMARTS VOL 1

By Jermaine Andre'

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ISBN: 978-1-304-27305-5

Imprint: Lulu.com

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ABOUT THE AUTHOR

Master Chief Instructor - JERMAINE ANDRE'



Jermaine Andre is a notable figure in the world of mixed martial arts (MMA), known for his remarkable transformation from a convicted felon to a celebrated world champion in martial arts. His journey is chronicled in his autobiography, “Muay Thaiger – Death Vow of Life,” which recounts his transition from a life of violence to one of discipline and mastery in martial arts.

Andre's early years were marked by street fights, shoot-outs, and clashes with prison guards, leading to years spent in prison, including a significant period in solitary confinement. During his time in solitary confinement, Andre adhered to a strict "Martial Code" that was crucial in his journey towards self-mastery. This transformation was so profound that he was allowed to start a martial arts school in the maximum-security yard of the prison, training both inmates and prison guards under the name “Muay Thaigers.”

Upon his release from prison in 1996, Andre carried his discipline and dreams to the professional MMA and Muay Thai ring. His accomplishments in the ring include becoming a 5x U.S. Champion, 2x World Champion, a UFC Veteran, and being inducted into the U.S. Martial Arts Hall of Fame. Beyond his fighting career, Andre has made significant contributions as a trainer of professional MMA & Muay Thai fighters, a defensive tactics trainer and certifier for police, security, and bodyguards, and a mentor and coach in life and mental toughness.

Andre is also recognized for his work as a member of the “International Law Enforcement Educators & Trainers Association” and the International Martial Arts Council of America”. His dedication to empowering others and his achievements in martial arts and personal development have earned him the “Voice of Empowerment” award from the Megan Meier Foundation.

Learn more about Jermaine at www.JermaineAndre.com



ART of STREET SMARTS

TOO STUPID FOR OWN GOOD



ARROGANCE DOESN'T VALIDATE INTELLIGENCE

I must clarify something about intelligence to assure that your mind is untampered and open to absorb the ART of STREET SMARTS lessons. The extent of one's intelligence can be heavily restricted by the environment that they have been exposed to. If you were to bring one of the most powerful, and intelligent natives from a restricted tribe deep in the rainforest to live without guidance in America, he would appear to be the stupidest guy in town even when compared to a local bum! However, snatch one of our smartest civilized citizens and send him back to the same rainforest that we took the other guy from, and he would be the village idiot when he landed. On land the Lion is king and in water the shark is. If we toss the lion in the water he is no longer king and if we toss the shark in the jungle, neither is he any longer king.

SACRED LAW OF COMBAT

One of the most important lessons of combat is to never underestimate anyone regardless. This ideology should be observed universally when claiming to measure intelligence between beings.

The warriors' way knows that intelligence is situational, complex & unpredictable just as determining who will win a fight between two people is. There is no truly accurate way to fairly

compare intelligence between people. People can be far smarter in different situations than they are in others, but no one is ALWAYS smarter than everyone in ALL situations. Additionally, there are those of high intellect who don't exploit their intelligence for contest because they don't want their intelligence known to others. It is neglectful, naive and just about childish to ever assume that we are so smart or great, that we can tell that we are smarter than certain others. Because when it comes to street intellect, it's arrogant mindsets as such that lead to a losing encounter.

THE NEW SMART

True intelligence is revealed through creativity and adaptation, not just remembering. This type of intelligence is known today as E.I. or Emotional Intelligence and it is being categorized as a higher level of intelligence than I.Q. for several reasons.

1. Because a person can't get any smarter with I.Q.. It is said to always remain the same.
2. Because E.I. allows a person to adapt to the situation that he is facing which offers him a higher chance at surviving, succeeding, and becoming wiser with age.

WINNER BY K.O.

Whatever the argument is between the scholars who bicker over the truth of this discovery about E.I. versus I.Q., I will offer you my expert street opinion that this is definitely true when it comes to street smarts. One must have the ability to immediately adjust during a situation where life can be on the line. Emotional Intelligence is the intellectual tool for the Art of Street Smarts! And now that you understand that it is possible for the person that we all choose to arrogantly label as idiots to be smarter than we have ever been, I think you have the capability to truly learn and become an expert at the Art of STREET SMARTS!

ART of STREET SMARTS

MINDSET



YOUR LAST FIRST IMPRESSION

The primary thought that fuels and protects the "Warrior's Edge" mindset is the lesson of never underestimating anyone at any time for any reason. Underestimating someone is simply an emotional outburst of arrogance and neglect, two personality traits that leave its doer exposed to become the victim of the one who has yet to draw a conclusion, and therefore is aware and still assessing to decide what route will be best for him to assure a definite win against you. It is intelligent and safer to assume that everyone that we encounter is at least as smart as, or smarter than we are. This keeps us alert and observant instead of mindless and unaware.

CONGRATULATIONS on your admissions and orientation into the institution for the “Art of Street Smarts” school of Hard Knox. That was your initial lesson. Keep this mindset and it will be literally impossible for someone else to catch you off guard. Now let’s get you schooled.

ART of STREET SMARTS

SCHOOLS OUT!



COVERT SUPREMACY

“STREET SMART” is a word of power respected and cautioned by all social classes, age groups, and sexes of people. It is one of the top compliments that can be referenced by someone to describe the mindset of another person. The person reputed as street smart is usually cautioned and feared by everyday normal people, while sought and admired by the Elite. This is because it is collectively known that the title of street smart is not earned in the comfort of a safe classroom where organized information is carefully handed down. It is earned from repeatedly surviving and succeeding life threatening dangers of the public streets and its inhabitants with quick thinking, adaptable intellect and aggressive combat fighting skills. The street-smart person is equipped with wits and fists!

SCHOOL RESTRICTED

Unlike the birth gift of a high I.Q., one cannot be born with Street Smarts. Street Smarts only come as an exclusive skill set that CANNOT be learned in the best of our esteemed educational institutions. Neither can a person get trained to be Street Smart even in our Elite military branches. The ingredients of Street Smarts CANNOT be engineered in a lab by the world's top scientists to reproduce and sell, and neither can its patterns of operation be analyzed and categorized by our top analysts as the new name that they decide for it. There is no correct answer to street smarts and only an idiot would think there is. Why? I'll tell you why...

NO ANSWER IS CORRECT

The execution of street smarts IS NOT a "system" of repetition that will give the same result to everyone who follows the exact steps. The right answer during street smarts constantly changes inconsistently, creating a nightmare and trap for the closed minded, and an adventure of options to the open minded & adaptable.

CHANGE IS THE WAY

Street smarts adapts and evolves constantly to creatively address the unpredictable, deceiving, trickery of the urban streets and its ill intended occupants. Street smarts is a living, moving force that functions unlike any other structured process because it isn't just a plan. It is an IDEA that learns as it operates when in the correct hands of one who knows how to use it.

ART of STREET SMARTS

Exclusive Roster



FREE LESSONS EVERYWHERE!

The esteemed illustrious educational faculties of street smarts exist all over the world with no designated headquarters. This education is not confined to any designated place or for any restricted person. Its lessons are offered openly without bias to any and all who are willing to attend the risky and sometimes life threatening, hands on courses in the streets where classes are always in session.

AWKWARD TEACHING METHODS

The learning institution for street smarts has no supervising teacher or tutor to safely help the slow learners understand. Instead, tutoring is offered through lessons of painful moments of beat down and abuse with the topic being, that it will continue to happen until the day that one finally wises up, or eventually demise being dismissed from school forever.

FROM THE THREATENED TO THE THREAT

The proud progression from the herd of naive & vulnerable future victims, to the status with the other streetwise, ready to scrap street dogs does not get celebrated or awarded. In fact, it would be counter street smart to seek recognition for it. That act in itself might demonstrate that you really aren't street smart.

SILENT CHEERS

Progress to street smart status doesn't open doors or opportunities to careers, or finances for you. There is absolutely no acknowledgement for the effort you gave to make it to the place in your mind where you now understand the dangers of the streets and how to manipulate and beat them. This is because the attainment of Street Smarts doesn't progress or advance your life where a future of greatness is being predicted. Your moment of crossing over from potential victim to dangerous threat produced nothing tangible to display or even touch that was going to better your life. Street smarts doesn't provide you with opportunities to better your life. It does something far better. It provides you with opportunities to SAVE your life!

THE CHOSEN ONES

The status of STREET SMARTS is fated to be obtained solely by the under-privileged born into disadvantaged positions with no true support or protection from the abusers lurking close by. These hopeless conditions set the environment that constructs Street Smart geniuses who survive and mature to understand, respect, and even appreciate the strengths obtained from their struggles that now make them superior over others. Especially everyone who is not street smart like him. He will never again fear any man or his capabilities. The habits and reflexes of his street smarts allow him to finally relax and be comfortable. His attainment of street smarts has liberated him from fear and danger.

ART of STREET SMARTS

CRIMINAL EVOLUTION



ILLEGAL CRIMINAL MIGRATION

Crime has extended its reach to touch the communities that it at one time could not even see. Criminals are drawn to new terrain by the promise of easy pay days from the home invasions and carjacking of unsuspecting people who believe nothing will ever happen to them. The servants of crime now boldly go to any neighborhood where they think they can target easy victims who may be book smart , but street dumb.

PLAYING BY THEIR RULES

Today's criminals are younger, bolder and even smarter making them harder to identify, stop, or catch. And sadly, many of them are most likely Street Smart! They are playing on a game board and by a set of rules that only they know about. If today's hard working citizens plan to be safe from and to defeat these new age criminals at their unfair game, they are going to have to upgrade their game from the lessons of the civilized norm to The Art of Street Smarts BECAUSE...

- **There isn't a math equation that reveals the behavior patterns of the three bikers who have been sizing you up for the past month at your local bar, with plans to beat, and rob you when you go for your next pee break.**
- **There is no impenetrable tank that can over power the jealous girl who is planning to drug your daughter's drink tonight so she can set her up to be assaulted by a group of guys.**
- **There are no treasured historical tablets that teach you how to quickly notice that the person who just rear-ended your vehicle did it on purpose because he is a car-jacker with buddies hiding in the backseat of his car, who will attack you as soon as you step out of your vehicle to look at the damage.**
- **There is no celebrated college professor whose master skill set involves teaching parents how to recognize and safely expose the 25 year old human trafficking member, who is posing as their daughter's 15 year old boyfriend.**

-
- **There are no scientific findings that alert you that the girl headed to your house tonight, lied to you about being single, and that her husband is following her in another vehicle with a loaded .45.**
 - **And nonexistent is a city procedure that deploys an armed response team to disrupt the local drug dealer from stabbing you in the back tomorrow at the grocery store because your kid punched his kid back for punching him in school the other day.**
 - **Never has Webster Dictionary given an accurate definition for your teenage daughter that tells her how to quickly determine if the cop car that's pulling her over in the middle of the night in a dark, secluded part of town is a real cop, or a fake cop who has plans on assaulting her.**
 - **There's no stock sold on Wall Street that shows a young lady how to covertly run tests on her new, perfect seeming boyfriend to see if he truly is the total sweetheart that he has been portraying, or a violent, scam artist who's waiting to strike.**



ART of STREET SMARTS

ACTIVATING AWARENESS



LOOK OUT

In the world of self-defense and personal protection, Awareness is step #1, and when executed properly, it is the most effective tactic of personal protection. Awareness is so effective that most attacks would not have happened if the victims would have had proper Awareness training.

BIG BROTHER OF SAFETY

Awareness is a power that allows us to identify and avoid danger before it can get within range to harm us. It is an effective, practical power that provides us all with a way to evade danger with low to no risk of harming ourselves. It is a reliable tool for mankind that has earned its place on the highest pedestal of safety! ...right beneath its sworn King "Street Smarts"! That's

correct. Street Smarts is the big brother that awareness looks up to because Street Smarts offer something that awareness can't.

CROSSING A LINE

The use of awareness for self-defense is the act of observing to identify potential danger, then taking evasive measures to avoid contact with the threat until it no longer threatens. Art of Street Smarts also observes and identifies. But it does not respond to potential danger by hiding like awareness does. When Street Smarts identifies potential danger, it takes the same initial steps as awareness to assure safety first, but it doesn't stop there. Street Smarts takes additional steps to ELIMINATE the potential danger by strategically causing occurrences that dissolve the threat totally away for good. The Street-Smart person does not sit back and wait to see what happens while hoping that things turn out in his favor. He takes immediate action to MAKE things happen in his favor.

ABILITY TO MAKE IT HAPPEN

Awareness "watches" things happen from a position of safety. Street Smarts MAKES things happen from a position of safety. This is the exact reason why I teach Street Smarts and not just Awareness. Teaching the idea of Street Smarts to you expands your perception and enhances your confidence as I reveal to you why you should never fear a criminal or his acts. The Art of Street Smarts will empower you to take the stand to make things happen during a situation, instead of hiding with hopes of things turning out for the best. The Art of Street Smarts teaches you to lure bad guys in the direction that you want them to go.

Go to <https://youtu.be/H51wIXOPmGU> for video on Awareness

Go to <https://youtu.be/NO7aPBEG4aM> for video on Intuition

ART of STREET SMARTS

Lesson1: YOU



SIZE YOU UP!

When you are out in the streets you will encounter many different types of people. And "people" are the most dangerous element of the streets because they all have an agenda that may or may not include you for the day. You must be aware of and pay attention to every

person that comes within your contact distance. Eventually, I will teach you how to accurately profile and predict the behavior of other people, but first we are going to focus on the person that has the most influence over what may or may not happen to you when on the streets. This person is YOU!

ALL ABOUT YOU

You must get to know yourself first and I am not talking about your name, job, home address and favorite color. I am talking about the things that can matter in a situation. Here is a list of some things that you need to honestly identify about yourself:

- 1. What are your athletic capabilities?** What are your running, climbing and jumping limits or restrictions? Assure that whatever they are, you never position yourself on the streets where your safety or life may depend on your ability to execute a physical feat that you cannot execute. Plan ahead always.
- 2. What are your combative abilities?** How well can you strike, clench, and grapple? Whatever your limits are, try to avoid positioning yourself on the streets around people who you cannot defeat with your combat skills.
- 3. Are you willing to carry a weapon and if so, what kind?** Admit to yourself if you won't or will carry a weapon. If you choose to carry one be sure that it is one that you WILL NOT hesitate to use and CARRY IT! Buy a HIGH-QUALITY weapon. Learn the laws about owning, carrying, and using it in a defense situation. Get trained to use it properly. Practice with and master it. Then carry it with you like you carry your underwear.
- 4. How do you assume you will truly respond if confronted by a potential attacker?** You must admit to yourself if you think you would freeze, run, do as they say out of fear, or attack

them ferociously? Be sincere in your answer. Don't have delusions of being a superhero. Admitting how you may respond will allow you the power to identify and avoid places of potential danger because you KNOW that you will fail if something occurs. You give yourself a chance at succeeding before you are shocked by a situation.

5. Are you bad at handling confrontations? If you are, learn to read the signs that announce that a confrontation is coming your way and elude it before you have to face it. Don't get into situations that you cannot properly handle. Shut it down before it surfaces. Signs of a brewing confrontation can be: -extended eye contact. -staring. -quick approach to you. -raised voice. -pointing fingers. -demanding questions. -belittling remarks or gestures.

6. Are you too confrontational? Do you have a hot head that may take things too far too fast? Are you the bold strong type who won't back down from anyone or anything for any reason even if it's a stupid reason? If this character trait is one of yours then you must admit to it so you can protect yourself and others from yourself. The streets are FULL of people who are ready to test and aggravate confrontational people. If you are confrontational the streets are like a minefield for you. You are guaranteed to eventually run into one. If you are highly confrontational you must seize total control of the places and types of people you allow yourself to be around when on the streets. Everywhere that you go and everything that you do should be structured around avoiding button pushers, tense environments, and most importantly, people just like yourself.

7. Can you accept being injured while defending yourself? If you can, identify to what extent. Will you take a black eye, a busted nose, a broken arm, a knife cut or stab wound, a bullet?! Identify how far you are willing to go then you can regulate how far you are willing to

fight before retreating. Knowing your limits will allow you to fight hard without hesitation and with clarity of what you are willing to do.

8. Are you willing to surrender your belongings to avoid a violent conflict? If you surrender your belongings to a criminal, then assure that you are positioned to make the transaction as smoothly and quickly as possible. Also ensure that it is an amount or item that you can afford to lose because it is valueless or insured. Even though some may view this as a cowardly way to respond to a robber, I personally am telling you that it IS NOT! It is STREET SMART to place LIFE before MATERIAL ITEMS. I carry only an amount of money that I am willing to always lose. It would be mindless for me to chance taking a bullet in the groin or lung over replaceable items.

KNOWING YOURSELF IS HALF THE BATTLE

The answers to these questions about yourself will allow you to build a profile about your potential when you place yourself in the streets. There is no weak, strong, bad, good, better or worse profile in this system because there is no "tough" or "strong" in being "smart". There is only identifying and addressing. No profile is better or worse than another. Your self-profile empowers you to select where you will and won't place yourself on the streets, just as our military decides where they will and won't place our elite military personnel. They would never place an Airborne Ranger where a Navy Seal should be. You are using the exact same strategy.

MY TRUTH, YOUR EXAMPLE!

My elaboration behind each of the bold questions is an answer for you to the question asked. Be thoughtful to adjust the answer to fit into your unique lifestyle. For instance, my personal answer to #6 Are you too confrontational? is YES! I am extremely confrontational therefore I stay away from places where senseless confrontations can occur such as drinking establishments. And if I do choose to attend a place such as this, I assure you that it is one that my friend owns, and that the security are associates of mine. I also regulate what days and

times that I go so I can avoid potential troublemakers. I also am very selective of the people that I allow myself to be around. I control myself and everyone else by controlling what I subject myself to. This is "The Art of Street Smarts"! I outsmart potential problems before they can develop around me. And now you are learning to do the same.

Go to <https://youtu.be/0Z14gBtofAs> for video on "You"

Go to https://youtu.be/_yLhfZAzPA?si=fQi1egeG2Ogbn0VI for video Inner Discovery

Go to https://youtu.be/5M_tWjhE9t4 for video on Self Presence

Go to <https://youtu.be/fROL64ZNkrU> for video on Self

Go to <https://youtu.be/yu7zAdRsv3M?si=z8-CAG3mrMs4hJel> for video on Self Discovery

Go to <https://youtu.be/lset74C-aa0> for video on Self Honesty



ART of STREET SMARTS

Lesson2: PLACE



WHO DO YOU TRUST?

If you have been following these readings as I have asked you to, you should have a pretty good idea of who you are and what you may or may not be capable of by now. Congratulations. You are developing self-awareness through this process and if you completed it with honesty you should feel a lot better about yourself now, because those lesson 1 exercises cultivate self-trust. And self-trust is a top requirement when it comes to being street smart because if you can't trust yourself while surrounded by people who you can't trust, ...well, I'm sure you can figure that out on your own.

ADDED AWARENESS

Now that you have identified yourself through lesson one it is now time to identify the next key element about you, which would be where you plan to position your newly identified self. In other words, your surroundings or, **PLACE**

STREET CONTROL

It's common sense that we probably wouldn't need to be street smart if we never ever went out into the streets, right? Well, I'm assuming that you don't just sit at home all day and night staring out of your window like a cat, so your feet probably hit the streets every now and then. That means we have to identify and control how the streets that you will encounter affect you. Here are 10 questions to answer that will provide clarity on your outing efforts, so you can be smarter about the deeds.

- 1. What places do you frequent regularly?** This includes work, shopping, doctor, school, etc... The nature of your reason for being in public does not grant you immunity from bad occurrences. Identify the places that you attend and get to know them. Be aware of the people who are around there. Meet the staff members. Pay attention to the news to see if your spots are ever mentioned during crime reports.
- 2. When are you in public?** The days of the week and times of the day can determine the threat level of the streets that you plan to visit. Troublemakers usually come out after dark during the weekends, but they aren't restricted to just that.
- 3. What are your methods of travel?** Do you drive your own car, ride the bus, walk, take public transportation? Understand that the further you step away from traveling privately in

your own vehicle alone, the more you are exposing yourself to potential threats. Driving your own vehicle allows you to decide who can and can't get next to you while traveling.

4. Do you drive expensive vehicles? If you drive a fancy car you can easily become the target of carjackers and robbers. Don't ever underestimate the odds that your vehicle may be the next target. Whether you drive a fancy car or not you should always keep your eye out for potential jackers and kidnapers. It isn't hard to do, and it doesn't take a lot of effort. Just remember to always be sure that you can drive off immediately if needed. Don't block yourself behind cars at lights or train stops. When stopped, pay attention to your rear-view mirrors. If you see anyone jump out of a vehicle behind you, drive off! And if you happen to get rammed by another vehicle in a shady, suspicious area, DO NOT PULL OVER IN THAT AREA! Signal to the person who hit you to follow you to a well-lit, people occupied area to deal with it. If they bail don't worry, your insurance will pay for it. Car jackers will ram you and even destroy the body of your car in the process to get you to jump out of your vehicle at a location that they previously set up.

5. What is your vehicle yelling? Is your vehicle loaded with bumper stickers and nick nacks that announce something about you to everyone that you pass? Beware of loading your vehicle with bumper stickers that identify you as a gun supporter or owner as they can make your car a target for break ins. Outspoken stickers and do dads that can offend others may also make your vehicle and even you a target. Be aware of this.

6. What roads or streets do you take to your destinations? If you are passing through shady neighborhoods or areas, you are increasing your odds of being caught in a situation. Additionally low-income areas are prone to have more uninsured motorists driving alongside you. I personally take the longer routes through "higher income" areas to avoid driving the highways alongside run down areas, because they are usually swarmed with dangerous,

inconsiderate drivers who are usually intoxicated, high, full of anger, violent and possibly criminal. It's not worth the risk. I outsmart them before they even know who I am. You should too.

7. Where do you park your vehicle? Park in well-lit populated areas. Be aware when exiting and entering your vehicle. Scan the area to see if anyone is watching you. Avoid parking next to vans with sliding doors, vehicles with dark tinted windows, and cars with two or more people sitting in them.

8. What's in your vehicle cab? Do not leave ANYTHING visible in your vehicle or you risk your windows being busted out by someone who just wanted to see if it was something of value. Do not even leave envelopes or loose change. Assure that NOTHING is seen when looking inside your vehicle from outside.

9. When do you gas up your vehicle? It is best to get gas for your car during the daylight hours and DO NOT leave your keys in the ignition with your doors unlocked while going in to pay or get a soda. Your vehicle can be stolen, and your insurance WILL NOT cover it.

10. Do you visit or pass through dangerous areas? Organize, adjust and even change the activities of your life so you can eliminate attending dangerous areas. Nothing is worth subjecting yourself constantly to a regenerating risk of being seriously harmed someday if you happen to be "unlucky". Averages can and will catch up to you. Be smart and put your life before other reasons.

Go to <https://youtu.be/ksr0Fk-MZi0> for video Parking Awareness

Go to <https://youtu.be/BxNRhdVT6vc> for video Driving Tips

Go to https://youtu.be/_gLA5Rjplnk for video Hotel Safety Tips



ART of STREET SMARTS

Lesson 3: PEOPLE



ENEMY #1

The biggest threat that you will ever face when in public is people. People are the most dangerous because they can blend in and behave as if they are harmless, when they in fact are planning to harm some unsuspecting person. Human beings are the only animals on the planet who make unprovoked attacks on other non-threatening humans, not out of hunger, fear, or even territory, but to make a profit. And to worsen the deed, human beings are smart enough to play mind games on themselves that induce delusional, self-formatted reasoning that leads them to feel justified for what they “must” do. This self-brain washing method is very dangerous because the predator who convinces himself that his deeds are correct, will also convince himself that his targets are really the BAD one and not himself!

ANYONE CAN BE OR BECOME A CRIMINAL

Of course, most of the people that you encounter in your life shouldn't be intentionally bad. Many may even be genuinely good. But eventually the averages will begin to add up and somewhere soon one or more of these predators will be slithering around in the group that you are near. Never underestimate the effectiveness or their stealth. Criminality is a mindset that leads to an act. It doesn't discriminate or favor. It gets selected by men, women and even children of all races, classes, religions, intellects and even personalities. Most people who take part in criminal activities are desperate people. And many people who don't take part in criminal activities, don't only because they have never been desperate. The law-abiding associate of yours may become the most notorious criminal on the planet if he one day sees a desperate moment. That can happen to anyone at any time. It happens every day. Watch the movie with Eddie Murphy named "Trading Places". They give a very good demonstration of this.

ADVANTAGES TO MAKE THINGS BETTER

The bit that I just gave above about the evil capabilities of people was not to make you fear or dislike people. My intention is to give you the truth so you can form thorough safeguards that can withstand the worst that could be delivered to you by another person. I am guiding you to know and "understand" all the truths about your fellow person, so you DO NOT have to fear or hate them. Understanding the reasons behind people's actions liberates you to no longer have to dodge a person that you're passing by, while frightened like a child that they may rob you, or worse! They might only desire to say "good morning" to you.

LIBERATION FROM YOUR FEAR

I want to teach you how to no longer fear strangers, the homeless, and eventually even the criminal element, because you will understand the how's, and why's behind what may have placed them in the position that they are in. You will learn how to "relate" to them which will strike away the fear that comes from the simple act of "not knowing". The Art of Street Smarts is here to FREE YOU to feel and even show compassion to an outsider when you want to. I want you to gain the confidence that allows you the comfort to WANT to smile and even speak to

people who you never would have spoken to before. When you reach this point you will have reached a new mindset above your old one that will make you stronger than you were, and higher on the human totem pole of cowards and heroes. And it is from this mindset where the act of defending yourself against an attacker in the streets becomes easier for you to successfully do.

DON'T LOWER YOURSELF

Understand that it is not logical for a healthy, functioning normal person to be terrorized by those who fit the profile of a person who may potentially attack them. Most of your street criminals most likely are unemployed, malnourished, sick, intoxicated, dehydrated, injured, in pain, depressed, alone, confused, fatigued, unsure, afraid and possibly even dying. It is highly possible that if you truly knew the depth of their problems, you might pity and cry for them instead of fearing them. UNDERSTAND the truth that people are not your enemy. Their pains and struggles are. And that's because their pains and struggles have dominated and consumed them so much that it is splurging out of them and onto others. They have chosen crime because they are lost from society and their people. Never place yourself beneath another by allowing him or her to strike fear in your heart because they are in a weaker position in life than you. YOU are the superior citizen. Behave like one.

CHESS WITH PEOPLE

The Art of Street Smarts lesson 1 "Self" and lesson 2 "Place" can be predictable which can make things easier. In regards to "self" you control if, when and where you move at all times and "places", don't spontaneously move. However, lesson 3 "people" are free to unknowingly change their positions, their behavior, and even their intentions constantly. This means you must monitor them and adjust to the changes that they make while assessing and guessing what their intentions may be. You have to stay sharp when dealing with people.



Here are 9 street smart lessons that will equip you to construct and maintain a protective barrier around yourself when dealing with the most evasive, deceiving, and heartless creatures of planet earth. Human beings.

1. What kind of people will you have with you? Are your friends' troublemakers or naïve?

The company that you are with in the streets ARE a part of what the streets are going to bring to you. Avoid people who believe that nothing will ever happen to them simply because they believe that. Their arrogance will reveal in the way that they carry themselves and any half smart criminal will recognize it for what it is and may target that person because they know their mindset. People who walk around with their heads in the clouds will constantly drag you into potentially dangerous situations. Avoid the company of troublemakers because they eventually will find it, and you will get sucked right into it with them which can lead to your becoming roadkill or jailbait! Travel and hang only with reality conscious, sensible, caring, aware associates who caution potential danger and value human life.

2. What kind of people are you going to possibly be around? You can always predict what might go wrong by the type of people who "might" be where you're going. Are you

attending a concert or event with aggressive, obnoxious entertainers? Then there will more than likely be TONS of troublemakers in the crowd and criminals in the parking lot. Are you attending a political event of a highly controversial element? Then there will probably be violent activists there. You can predict "who" might be there by knowing "what" is going to happen while you are there. Use your head so you don't have to use your fists.

3. **What type of people might you encounter when entering and exiting the area?** Many places are secure and safe on the inside but not the outside. Venue owners spend their budget on the insides of their venues, not the parking lot. Pay close attention to what type of people are surrounding the entrances and exit areas because this is where criminals will catch you off guard to attack you.

4. **What type of people might be attracted by the place or its operation while you are there?** Fancy cars attract car burglars and jackers. Fancy clothing and jewelry attract robbers. Young teen girls and boys attract kidnappers. Entertainers attract inebriated and drugged people. Politicians (current ones) can attract violent extremists. Keep an eye out for bad elements and their position & mannerism will give them away before they can even target you!

5. **What type of people are entering and/or occupying the area?** When I say "what type" YES, I am speaking of profiling. Is the area that you're occupying starting to fill up with, or currently full of bikers, gang members, skaters, shady characters, drunks, drug users, protestors, obnoxious people, extreme sports fans, etc... You MUST always profile people to assume what they might do so you can position yourself steps ahead of their potential. If potential troublemakers are entering or occupying your area either leave or

position yourself as far away from them as possible. If you have no choice but to be near them, identify the exits and legally arm yourself just in case you must respond to an inappropriate act.

6. **What are the occupant's expressions saying about their thoughts?** People usually give away what they "want" or are planning to do through their expressions and gestures. Are people smiling, frowning, staring, stumbling, swelling up to look tough, being promiscuous? IS everyone getting along or sectioning off into segregated groups that appear to be against each other? Do people appear to be tense and on edge or comfortable and free? People will tell you what they are about to do through their behavior if you pay attention to them.
7. **How are people interacting with you?** Are they polite or rude? Did they greet you when they approached you or ignore and shun you? Are they trying to converse with you or acting as if you don't exist? Are they engaging with you too much and invading your space? Is anyone going out of their way to help you feel comfortable or is it every man for himself? Noting how people treat you is a big telltale of how they may treat you hours later. If you don't feel wanted somewhere, don't stay there.
8. **Who is there for public safety?** Are there police officers or security placed to assure safety? Are they armed and wearing vests? Are they attentive and paying attention to the customers or engaging with and behaving like one of them? Even though you should NEVER count on another person for your safety, it is nice if there are protective personnel around to discourage inappropriateness.
9. **Who's watching you?** Is anyone staring at or following you? Do you see a certain person who may be slowly working his or her way closer to you? Are you noticing that a

certain individual keeps showing up in the same places that you venture to? Does someone appear as if they are pretending to be occupied while ensuring that you are always in their sights? If you think someone may be watching or following you, change up what you're doing sporadically and repeat movements that wouldn't make sense for someone else to do. For instance, act as if you're rushing to leave or go to the bathroom but then immediately change directions and go back to where you were, then repeat this over and over to see what that person does. If that person is changing areas as much as you are then they may be lurking over you. If you learn that someone is following or watching you, send a security or staff person over to occupy them while you change areas and shake 'em off your tail!

PROFILING IS PROPER!

Profiling people properly can place you several steps ahead of potential danger. Use this tactic in a positive, fair manner. I am not teaching you to be biased, arrogant, or cruel through profiling, remember that those emotions and thoughts belong to the weak minded. I am only teaching you to be cautious and in control to make things better for yourself and everyone in your surroundings. Remember that people are not your enemy. Bad behavior is.

Go to <https://youtu.be/wRsFcAIVVHg> for video **How2 Shut Up Bad Mouthers**

Go to <https://youtu.be/j5IUemgJfLc> for video on **Selfish Not To Care**

Go to <https://youtu.be/4IDUsF-ByMo> for video **Why Shouldn't Bad Mouth**

Go to <https://youtu.be/m5vmc9-ur70> for video



ART of STREET SMARTS

Lesson 4: PERSONAL PRESENTATION



STAY READY

One of the things that you can count on when in the streets is that masses of people will be sizing you up. “Sizing you up” means scanning your physique to get an idea on how strong and tough you might be if they have to fight you. “Sizing Up” is usually an innocent, harmless act with no ill intent but never underestimate the potential of those who are sizing you up. Be ready at all times to go into full action if needed.

LOOKING LIKE TROUBLE

The way(s) that we choose to present ourselves in public can provoke behavior in others. If you doubt what I'm saying then you would have to ask yourself why do women wear make-up and do their hair when in public. Because they know that the way that they present themselves will influence the people that see them to behave a certain way towards them. Your personal presentation holds the same type of power.

Here's the Street Smart etiquette for presenting yourself to the world:

- 1. Stay off of your phone when walking, entering or occupying a room.** Phones distract and dilute your awareness and criminals know this. They target people who are texting or talking on their phone. Talking or playing on your phone when in a room with others can come off to some as if you are being intentionally rude, arrogant, or afraid. Staying off the phone while around others expresses that you are aware & appreciative of their presence. This also announces that you are leaving yourself open for others to communicate with if they so desire to.
- 2. Walk with good posture and a raised head.** Always appear to others as if you have been wherever you are many times before, even if you haven't. Make quick, courteous eye contact with everyone that you pass. Acknowledge their existence with a nod, smile, wave, or greeting. Never snub or ignore strangers and do not stare. You want to appear comfortable and in control as if you know something that everyone else doesn't. Whistle softly. Hum. Sing. These gestures announce calmness and confidence.

3. How you stand can say MUCH to the ones who are watching you stand.

- a. Standing with your hands hanging freely at your side can make you appear confident and even dominating. Most people feel uncomfortable with their hands free. They don't know what to do with their hands & they think they look funny to others. That is only a thought in their head. Standing with hands free announces surety.
- b. Standing with 1 hand in a pocket and 1 free can give you the appearance as if you are relaxed, comfortable, worry free and approachable.
- c. Standing with both hands in your pockets can make you appear meek, lost, and even afraid. It can also make others assume that you may be up to something sneaky.
- d. Standing with both of your hands folded in front of yourself across the groin area can make you appear courteous, well mannered, respectful and patient.
- e. Standing with both hands together behind your back can make you appear aggressive, arrogant or combative.

4. Always take the initiative to greet others when you enter a room or they enter the room that you are occupying. Be respectful to everyone. Be friendly to kids and chivalrous towards women, children, elders, and handicap. Behaving in this manner gives you control of the room. Most people are afraid to speak to strangers so when you demonstrate that you are not, you will be announcing that you are someone out of the norm who is not afraid to do that which they are. Decent people will appreciate and admire you for this, and potential trouble makers will think twice before bringing trouble your way.

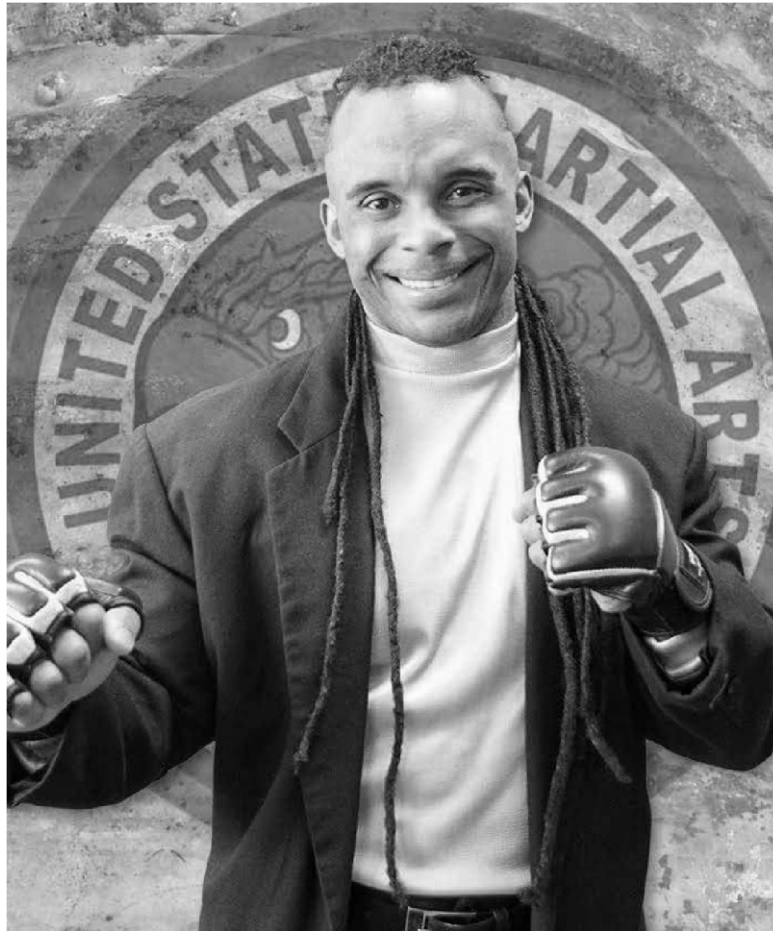
5. Demonstrate a healthy, kid friendly sense of humor. Crack a soft joke if possible. Making a person laugh is one of the best ways to disarm their ill thoughts. They most

likely will even appreciate it afterwards. Exhibiting a sense of humor towards strangers and associates allows them to feel as if you don't think you're better than them, or planning to belittle or harm them. It frees them to feel comfortable and possibly even safe. The person with a good sense of humor can seize control of and determine the tone of a room in seconds.

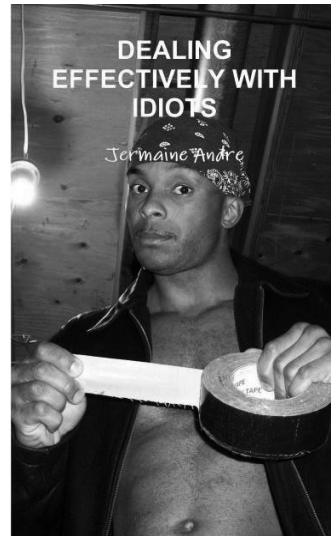
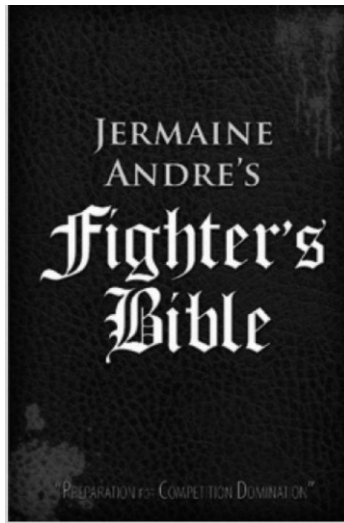
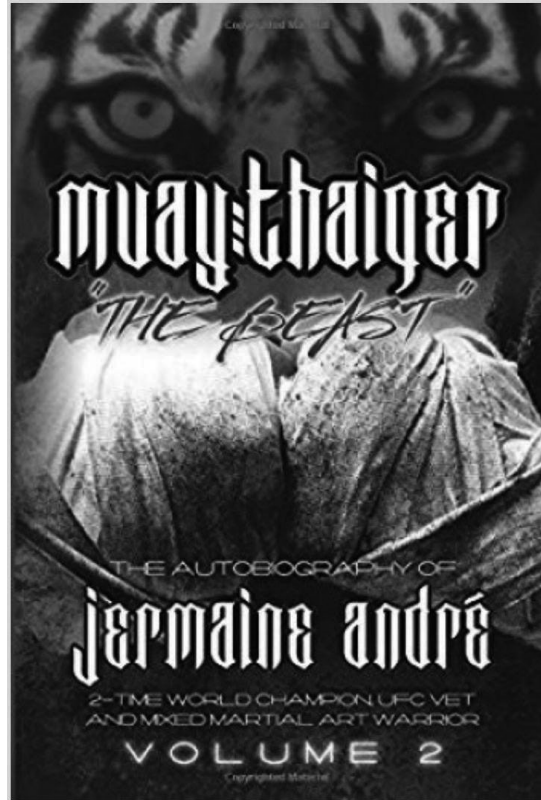
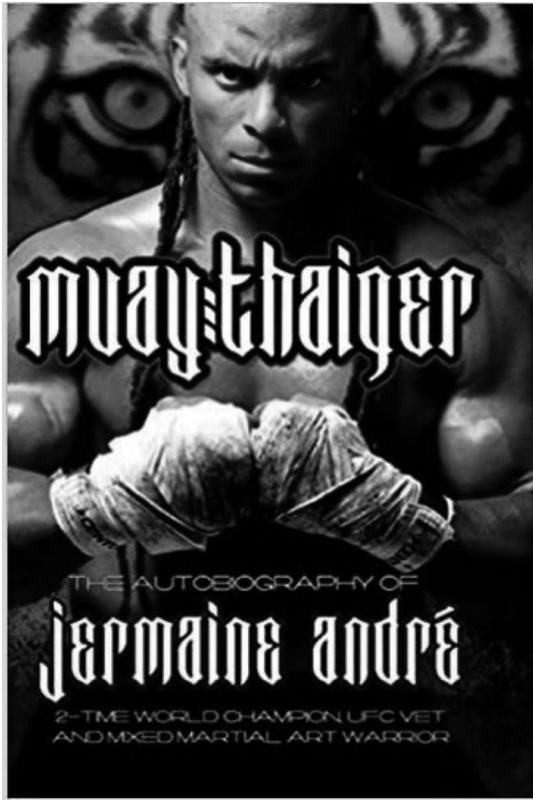
6. Without appearing paranoid to others, always do your best to put your back against a wall or towards an area where others aren't. This is simply a good practice that allows you to see everyone before they approach you while not having to worry about who might sneak up behind you.

7. Identify the exits along with a clear path to them just in case you need to leave in a hurry. Never position yourself where you are trapped in a location.

How you present yourself will determine how people will present themselves to you. It is your duty to teach people how to treat you through your appearance and behavior. Be the person who decent, progressive people want to create relationships with, and the person who predators and negative people want to avoid. You have the power. Be Street Smart with it! More "The Art of Street Smarts" lessons to come!



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